Devens Project Checklist for Reducing Embodied Carbon

A Worksheet for Project Teams

DEC Version 1
Last Updated: March 20, 2023

Introduction

Embodied carbon refers to the greenhouse gas emissions arising from the manufacturing, transportation, installation, maintenance, and disposal of building materials. There are many ways for project teams to collaborate to reduce embodied carbon on projects using siting, design, construction, or procurement strategies. This worksheet is meant to help design and construction teams learn about strategies and identify the best solutions for reducing embodied carbon on their projects.

To learn more about embodied carbon, measuring embodied carbon, or strategies to reduce embodied carbon, read more here.

Strategies to Reduce Embodied Carbon

This worksheet provides a checklist for project teams to ensure they have considered strategies that may be relevant for their projects. The strategies are organized into types of strategies, beginning with process and tools and also including:

Using the Checklist

On the following sheet, there is a list of embodied carbon reduction strategies with a brief description, followed by two sets of checkboxes with empty rows.

At the Schematic Design phase (prior to submission of Unified Permit), complete the highlighted rows and identify which strategies you intend to use by checking the checkbox in Column E and insert a brief explanation in Column F about how the project may incorporate the strategy into the project and any necessary special considerations. If you feel that a strategy is already included on the project / integral to the project program and requirements, you can select 'Already included' instead of 'Will pursue'.

Upon construction completion (prior to CO), identify which strategies you used by checking the checkbox in Column H and insert a brief explanation in Column I about how the project incorporated this strategy. If the project aimed to use this strategy but was not able to, indicate which challenges prevented implementation.

Questions? Contact
Email the Devens Enterprise Commission (neilangus@devensec.com)

Project Checklist for Reducing Embodied Carbon in Devens

A Worksheet for Project Teams

Embodied Carbon Reduction Strategy	Checklist for Schematic Design			Checklist Based on As-Builts		Get Started on Learning More (More to be added in v2!)
0 Process and Tools	*Already included*	*Will pursue?*		*Achieved?*		
0 Identify Embodied Carbon as a Priority Communicate early in the design process that reducing embodied carbon is a design and procurement priority for the whole team (e.g., structural engineer, architect, contractor, sustainability consultants, mechanical engineers, etc.)	YES		AE firm and Veranova consistently reviewed energy saving opportunities throughout the design evolution.	SELECT	*Add a brief explanation as to whether and how the project incorporated this strategy. If the team intended to pursue this strategy but was not able to, provide insight as to why.*	WGBC Bringing Embodied Carbon Upfront
0 Set a Project Embodied Carbon Reduction Target Align the design and construction team around an embodied carbon reduction target. Consider targets from organizations around the globe (e.g., C40, Architecture 2030, WGBC, LETI) to understand what reductions we need now to reach 2030 and 2050 goals. Use life cycle assessment tools (see Sections 0.3 and 0.4 below) to track progress towards reduction goals. See Section "4.1 Integrate Carbon Intensity Limits into Specifications" for information about setting targets for multiple building products.	No		Targets were not established for this project due to corporate re-alignment on sustainability/carbon reduction goals. Veranova has mobilized an internal sustainability stewardship team to ensure company and site energy and carbon reduction requirements are implemented and aligned with capital investment budgets.	SELECT		C40 Cities Clean Construction Declaration LETI Embodied Carbon Primer: Best Practice Targets Architecture 2030 2030 Challenge for Embodied Carbon
0 Commit to Using Whole Building (Whole Project) Life Cycle Assessment Perform a whole building life cycle assessment (WBLCA) early in design development to identify the largest opportunities ("hot spots") for emissions reductions. Use the results from WBLCA(s) done throughout design to compare design choices and identify which reduction strategies will have the largest impact. WBLCA can be used to analyze the whole building, tenant improvement projects, or portions of a building.	Partial		WBLCA was not completed do to scale and scope of renovation. AE firm aligned with Vernova to encourage energy reduction on largest most impact items like ASHPs in lieu of traditional gas fired boilers to support energy efficient and reduce carbon emissions.	SELECT		Carbon Leadership Forum LCA Practice Guide AIA-CLF Embodied Carbon Toolkit for Architects (particularly Part 2: Measuring Embodied Carbon)
0 Use Environmental Product Declarations (EPDs) During Procurement Once a product type has been selected, ask manufacturers (via specifications and the bidding and procurement processes) to provide environmental product declarations (EPDs) of their products to help select the lowest-carbon option.	SELECT	SELECT		SELECT		Embodied Carbon in Construction Calculator (EC3) AIA-CLF Embodied Carbon Toolkit for Architects (particularly Part 2: Measuring Embodied Carbon)
0 Discuss Whether to Integrate Carbon into the Bid Process Carbon can be evaluated alongside cost, schedule, and other criteria when selecting bids for materials to be used in construction. Alternatively, performance incentives can be provided to contractors who deliver low-embodied-carbon projects or suppliers that deliver materials below a certain carbon threshold. These strategies all require discussion early in the process between the owner, design team, and contractor.	Partial		Cardinal Group has instructed bidders to include cost alternates to provide low or minimized carbon products. A couple specific examples are the use of a 35% slab mix to replace cement from the Redimix suppliers, sourcing steel from production facilities that have higher recycled content, and the use of live metrics monitoring the fuel consumption and best methods for the reduction of carbon based fuels during the construction process.	SELECT		Steps to Develop a Low Carbon Procurement Policy (Incentives) OwnersCAN Embodied Carbon Action Plan Microsoft Case Study
1 Build Less, Reuse More	*Already included*	*Will pursue?*		*Achieved?*		**Learn More**
1 Reuse/Retrofit Existing Buildings Re-use or retrofit existing buildings instead of constructing a completely new building. Reductions in new square footage or new structure will translate directly to reductions in embodied carbon.	YES		This project meets this criteria as it is a retrofit of an existing facility to adapt to new facility production criteria. This project does not include any additional building square footage.	SELECT	*Add a brief explanation as to whether and how the project incorporated this strategy. If the team intended to pursue this strategy but was not able to, provide insight as to why.*	
1 Design for Disassembly and Reuse Maximize the reuse potential of building components by detailing connections that can be easily disassembled and reused in future buildings. Avoid lamination and adhesion in assemblies (such as composite decks or hybrid mass timber/concrete assemblies) that prevent deconstruction and reuse. Avoid materials that are difficult to recycle, and avoid coatings that could prevent recycling.	SELECT	SELECT		SELECT		Zero Net Carbon Collaboration Resources AIA's Retrofitting Existing Buildings Guide
1 Select Salvaged or Refurbished Materials Reuse materials, such as those onsite or from other city properties, or purchase salvaged materials rather than new ones. Consider refurbishing items, such as furniture, instead of throwing them out and re-purchasing them.	SELECT	SELECT		SELECT		Where feasible, take advantage of past EC 'investments' by making use of previously-used building materials rather than newly-produced materials. (AIA, 2019; Carbon Leadership Forum Webinar Series, 2018)
2 Design Lighter and Smarter	*Already included*	*Will pursue?*		*Achieved?*		**Learn More**
2 Reduce [New] Floor Area Identify opportunities for design and programmatic flexibility to minimize the amount of new floor area. Similar to material and building reuse, reducing new floor area translates to material savings (as well as cost savings) and reduces embodied carbon.	YES		AE Firm and Vernova have stacked program elements and consolidated program where possible to meet the project goals and objectives.	SELECT	*Add a brief explanation as to whether and how the project incorporated this strategy. If the team intended to pursue this strategy but was not able to, provide insight as to why.*	

2	**Reduce Below-Grade Construction** Reduce or eliminate below-grade parking or interior spaces. Subgrade construction requires a large amount of concrete (a carbon-intensive material) and releases soil carbon during excavation.	YES	None included as part of this project or campus.	SELECT		Canadian Architect, 2021
2	**Select Lighter Materials and Assemblies** When possible, selecting lighter materials and assemblies for the structure and envelope systems can reduce the load on structural components (and therefore their size and embodied carbon). Consider lightening slabs through use of void systems, or using lighter structural materials like timber. In some cases, lighter structural loads may be decreased enough to allow for the preservation of an existing structure, unlocking additional carbon savings from building reuse.	SELECT	SELECT	SELECT		
2	**Design Structure for Material Efficiency** Using less of a material to do the same work results in large carbon and cost savings. Structural design choices -- such as bay sizing, column and beam spacing, and member cross sections, as well as avoiding structural gymnastics (like cantilevers and transfer beams) -- can all reduce carbon.	SELECT	SELECT	SELECT		SE2050 Structural Engineering Commitment case studies Additional strategies may include using braced frames instead of moment-resisting frames, using lighter shapes like joists/trusses, lightening concrete slabs by using void systems, and "right-sizing" each steel member.
3	**Choose Finishes Carefully** The total impact of interior finishes adds up significantly over time. Consider the expected turnover of the space you are designing and whether that matches up with the selected products. Architects and interior designers can collaborate to use salvaged materials and minimize the need for additional finishes where not required for functional performance, particularly in spaces with high occupant turnover and frequent interior fit-outs. These considerations should be included alongside toxicity, cost, and performance requirements when choosing finishes.	SELECT	SELECT	SELECT		Metropolis Magazine's Climate Toolkit for Interior Design CLF LCA of MEP Systems and Tenant Improvement
3	**Minimize Construction and Demolition Waste (Waste Prevention)** Before construction, design in modules to minimize waste. During construction, adopt sorting and waste diversion practices on-site to minimize construction waste.	Partial	This design incorporates as much reuse of existing structure and building utilities to best limit the amount of waste generated as part of the demolition phase of this project. Cardinal Group will create separate streams of waste product to include wood based items, recyclable content, and a third stream for landfill bound waste. These three streams will be monitored monthly and optimized to limit the amount of items heading for the third stream of landfill waste. All waste will be sorted to ensure we maximize reuse or recycling.	SELECT		AIA 10 Steps to Reducing Embodied Carbon

	Use Low-Carbon Alternatives: Substitute Low-Carbon Materials/Systems for High-Carbon Ones	*Already included*	*Will pursue?*		*Achieved?*	**Learn More**
3	**Consider Total Carbon when Selecting Envelope Systems** Use WBLCA (alongside energy modeling) to help assess the trade-offs in embodied and operational carbon for different envelope options. Typically, lightweight envelope systems are likely to have the lowest embodied carbon (in addition to reducing the embodied carbon of the supporting structure).	SELECT	SELECT	*Add a brief explanation here about how the project may incorporate this strategy into the project and any special considerations necessary*	SELECT	*Add a brief explanation as to whether and how the project incorporated this strategy. If the team intended to pursue this strategy but was not able to, provide insight as to why.*
3	**Select Carbon-Storing Structural, Envelope, and Finish Materials** Bio-based materials typically have lower upfront carbon than non-bio-based products, with the added potential to store carbon over the life of the building. The availability of bio-based alternatives to conventional materials -- such as mass timber, laminated bamboo, wood fiberboard, straw, clay-straw, hempcrete, cork, wool, linoleum, cork, and more -- is increasing. Bio-based materials are also often significantly lighter than their alternatives, reducing the load and size of supporting structural members (and therefore reducing carbon).	SELECT	SELECT		SELECT	Builders for Climate Action's Zero Carbon Resources Buildings as Global Carbon Sinks WoodWorks Carbon Smart Materials Palette
3	**Select Lower-Carbon Refrigerants** Refrigerant leakage is one of the biggest contributors to climate change within the building industry. Architects can collaborate with engineers to use passive design strategies, select systems that use low-carbon refrigerants, and encourage clients to adopt building management practices to mitigate refrigerant leakage and ensure 100% refrigerant recovery.	SELECT	SELECT		SELECT	Integral Group's Refrigerants & Environmental Impacts: A Best Practice Guide
3	**Eliminate HFC-Containing Insulation and Select Lower-Carbon Insulation** Selecting an insulation that balances operational and embodied carbon trade-offs is key to achieving a total carbon balance for building. Generally, plastic- and chemical-based insulation will have a much higher embodied carbon than bio-based materials. In particular, avoid specifying HFC-containing rigid polyurethane spray foam, sealants, and XPS products that are being banned or significantly restricted in Canada and a growing number of states in the US (including California).	SELECT	SELECT		SELECT	HFC bans by region and end-use product (including foams and refrigerants) US EPA Substitutes in Foam Blowing Agents Building Enclosure: "New Climate Regulations Spell Changes for Building Products" (2020)

	Procure Low(er)-Carbon Products: Specify and Source the Lowest Carbon Product Available	*Already included*	*Will pursue?*		*Achieved?*	**Learn More**
4	**Integrate Carbon Intensity Limits into Specifications** At a minimum, architects can use template language to incorporate requests for EPDs into their specifications as a part of bid proposal submittals. For products where EPDs are more widely available, architects can integrate carbon intensity limits into performance requirements, requiring an EPD to document compliance with a global warming potential limit (e.g. XX kg CO2e / unit of material).	SELECT	SELECT	*Add a brief explanation here about how the project may incorporate this strategy into the project and any special considerations necessary*	SELECT	*Add a brief explanation as to whether and how the project incorporated this strategy. If the team intended to pursue this strategy but was not able to, provide insight as to why.*	Carbon Leadership Forum Material Baselines ownersCAN Embodied Carbon Action Plan ownersCAN ECAP Specification Matrix and Language

4	**Use Performance-Based Concrete Specifications** Use performance-based (rather than prescriptive) requirements for concrete design that is appropriate for each component/mix. If CMU is used in construction, use a specified compressive stress method instead of a prescriptive method to proportion grout mix.	SELECT	SELECT	SELECT		
4	**Optimize Concrete Mix Design** Work with structural engineers to optimize concrete design with strategies such as reducing cement volume, allowing for longer cure times by specifying strength at 56 days instead of 28 days to allow more time for strength gain, looking at carbon implications of higher-quality aggregate, or reducing strength requirements where feasible/appropriate. Minimizing portland cement and/or replacing portland cement with other materials -- such as Type 1L Cement or supplemental cementitious materials (fly ash, slag, etc.) -- also reduces embodied carbon.	SELECT	SELECT	SELECT		RMI Concrete Solutions GuideNRMCA Guide to Specifying S
4	**Source from Lower-Carbon Facilities and Products** Manufacturers vary in the sustainability of their facilities and sourcing practices. Two materials with the same performance may differ in their embodied carbon as a result of energy source (fuel type/electricity grid mix), plant energy efficiency, product design and material efficiency, or lower-carbon ingredient sourcing (through using recycled, bio-based, or local ingredients). Due to how products are specificed and selected, EPDs are typically the best or only option for a project team to differentiate the carbon intensity of products from different facilities and manufacturers.	SELECT	SELECT	SELECT		Embodied Carbon in Construction Calculator (EC3) Energy Star Industrial Plant Efficiency Program Carbon Smart Materials Palette
5	**Source Climate-Smart Wood** The full life cycle embodied carbon impacts and benefits of wood are difficult to quantify (and therefore difficult to optimize) because of complex supply chains and differing methods for calculating carbon benefits. Current strategies for optimizing wood sourcing include using reclaimed/salvaged wood, asking for chain-of-custody certificates or other supply chain transparency information, asking for sustainable forest management certifications (such as FSC or SFI), and specifying wood that is locally-harvested or harvested from working (not primary) forests. *(Note: An agreed-upon definition for climate-smart wood that can be used in procurement is still in development and should be included once available).*	SELECT	SELECT	SELECT		Carbon Leadership Forum's Wood Carbon Seminars Climate-Smart Forestry.org
5	**Integrate Carbon into the Bid Process** Evaluate carbon -- in addition to cost, schedule, and other criteria -- as an awarding criteria when selecting bids for materials to be used in construction. If points are used to differentiate bids, award points for low-carbon procurement. When possible, provide performance incentives to contractors who deliver low-embodied-carbon projects.	SELECT	SELECT	SELECT		Steps to Develop a Low Carbon Procurement Policy (Incentives) OwnersCAN Embodied Carbon Action Plan Microsoft Case Study